PCPAATHSHALA

PARENTS' GUIDE TO REMOTE LEARNING

Since March, life as we know it has changed. More and more people are staying indoors and working from their homes, while our children continue their learning from home. We are all juggling multiple roles, while trying to keep our loved ones healthy, happy and safe!

Irrespective of what your child's school and teachers can offer, the success of remote learning largely depends on the families as well as the learning environment and routines established at home. This can be worrisome for parents as we can't expect the transition to remote learning to be without any challenges. And to tackle these challenges, it is important to understand what remote learning is. Here are some of the key aspects:

» A combination of virtual, physical and project-based activities
» A mixture of teacher-directed, self-directed and parent-led experiences
» An opportunity for children to be responsible for learning, chores and supporting the family
» An opportunity for learners to explore and develop their passion and interests
» A time to virtually collaborate with teachers, family members and peers

However, this time of change can also create new opportunities for you. As parents, we can help our children foster their passions, and learn and grow alongside them. And while this is a huge task, here are a few tips to lighten your load just a bit.

Building a learning routine at home

As you might have already discovered, setting up a new routine with your family can be quite challenging. However, investing time in creating a routine will help keep your kids be on track, establish expectations for the day, and allow you to support their learning.

Creating spaces for learning at home

Establishing dedicated learning spaces at home can help nurture your child's creativity, enhance their focus, and increase their motivation. When identifying and designing physical spaces, remember that your children will need to move around to be comfortable and engaged during the day.

Tips for designing learning spaces:

» Involve your kids in choosing the location and designing the space

» Use cardboard boxes and other miscellaneous items as organizers for pencils, pens and art supplies

» Ensure good ergonomics in your child's remote learning space

» Create zones for physical activities: both indoors and out

Remote Learning Needs for

Elementary students

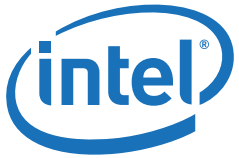
Students in elementary schools have unique learning needs. As you begin remote learning with a younger child, consider how the decisions you make can best support both their learning as well as their social emotional development. From creating toys from recycled materials to painting sessions, there are plenty of fun things you can do with your little one.

Middle school child

Success for middle school children begins with establishing a daily routine to getting them to help with household chores. This will offer them a sense of stability and comfort, while also creating opportunities to support them as they complete schoolwork and new household chores.

High school student

With high-schoolers, remote learning is a different ball game. Take time to plan a schedule with your child that includes getting enough sleep with a healthy balance of work and self-care. Use an online calendar app or print and hang a calendar that the entire family can access. Get them to help younger family members with work. Also, encourage teenagers to explore future careers and take necessary steps in achieving their goals and upskilling themselves during their free time with interesting courses from learning sites like Udemy.



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